

Invicta Grammar School Mental Health Ambassadors for a Better Future

Join Us in Shaping a Healthier, Happier Tomorrow for Everyone! Expression of Interest

🌟 Be the Change for a brighter future

In a world where mental health often takes a backseat, we invite you, the bright minds of Invicta Grammar School, to lead the way towards a future where mental wellness is prioritised. We're searching for passionate young individuals to become Ambassadors for a Better Future. Will you answer the call?

💡 Why Become an Ambassador?

As an Ambassador, you will be at the forefront of a vital movement, working to:

- **Demystify Mental Health:** Break down the barriers and challenge the stigma associated with mental health.
- **Empower Your Peers:** Share knowledge and strategies on how to seek and offer help.
- **Create and Share:** Use your creativity to produce engaging content and short films that resonate with young minds across social media.
- **Learn and Grow:** Participate in regular discussions with a qualified facilitator to explore and understand mental health issues more deeply.

🚀 What's in Store?

Training & Support

We offer a training program designed to arm you with the knowledge and skills needed to become a confident mental health advocate.

Monthly Meetups

Engage in enriching monthly sessions to discuss, learn, and strategise on tackling mental health issues with your peers.

Creative Freedom

Take the reins of an online communications strategy, shaping the narrative and spreading awareness in a way that only your generation knows how.

Community Impact

Make a tangible difference within your school and local community groups, testing the impact of your initiatives and setting the stage for a wider rollout.

💡 Who Can Join?

Initially we are on the lookout for Invicta Grammar students in Year 9 or above who are:

- Passionate about making a difference.
- Keen to develop leadership and communication skills.
- Interested in mental health advocacy.

- Ready to commit to monthly meetings and project tasks.

Join Us

Ready to step up? Apply now to become an Ambassador for a Better Future and be part of a pioneering group dedicated to changing the narrative around mental health.

[Apply Now] – please email your full name, age, form and your reasons for volunteering to connect@rewriteyourstory.org.uk

Together, We Can Make a Difference!

For questions or more information, feel free to contact us at [connect@rewriteyourstory.org.uk].

Let's connect, create, and champion a future where mental well-being is everyone's priority. Be the voice of change. Be an Ambassador for a Better Future.

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